



**LSI PORTSMOUTH**  
**International House**  
Portsmouth



# STUDENT WELFARE



## What is Student Welfare?

Student welfare is the safety, wellbeing and happiness of our students, offering support when it's needed. Students need support if they have a problem which is stopping them from being able to live and study comfortably from day to day.

## What is a Welfare Officer?

- A Welfare Officer is someone who will listen to your problem and show you where you can get help.
- A Welfare Officer will not judge you but will support you and help you make a plan to help yourself.
- Your meeting is confidential.

## What can they help me with?

Students face many different kinds of problems and issues when they're studying abroad, such as:

- |                         |                               |
|-------------------------|-------------------------------|
| • Physical health       | • Time management             |
| • Mental health         | • Missing home (homesickness) |
| • Anxiety and worry     | • Loneliness                  |
| • Trouble with sleeping | • Bullying                    |
| • Coping with pressure  | • Financial worries           |

## YOUR WELFARE TEAM



**AMELIA**

WELFARE & PREVENT OFFICER,  
STUDENTSERVICES/RECEPTION



**BELLE**

WELFARE & PREVENT  
OFFICER,  
ROOM 309