# LSI PORTSMOUTH

## ih International House Portsmouth

# Pre-Arrival Information

*What you need to know about arriving in the UK following the re-opening of LSI Portsmouth in 2021*

## You will need a "Fit to Fly" Covid Test

Before you fly, you will need a covid test taken up to 72 hours before departure. Make sure you organise this in good time!

## Check if you need to quarantine

There is currently a traffic light system for arrivals in the UK. **Red** countries are required to stay in a quarantine hotel, **amber** countries must quarantine for 10 days at home and take 2 covid tests, **green** countries do not have to quarantine but must take 1 covid test after arriving. Please check the requirements for your country here.
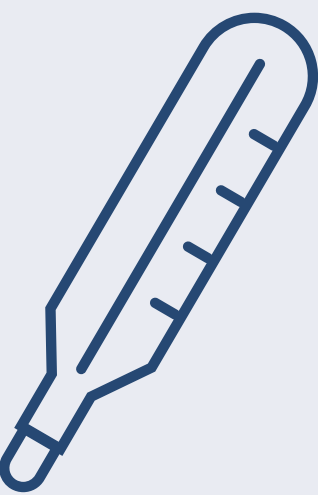
## Fill in your "Passenger Locator Form"

Before you fly, you will need to complete a passenger locator form, indicating details such as your accommodation and how long you will stay. Make sure to complete this before you fly !
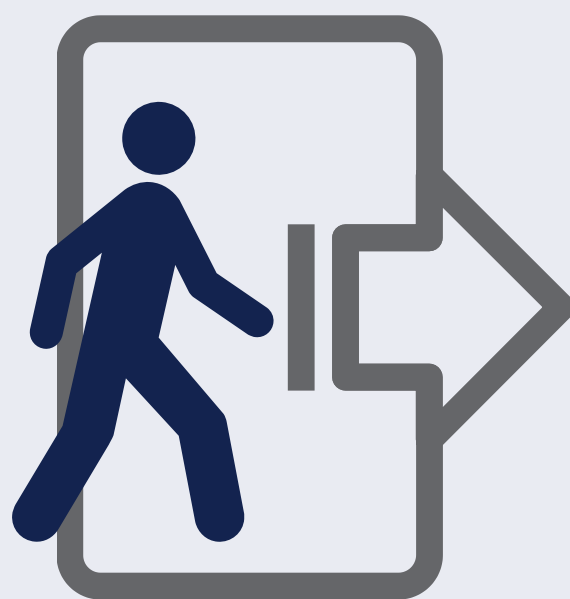
## Get your "Travel Test Package" sent to your accommodation in advance.

You will need to take 2 tests during your quarantine period, which you will need to send to your accommodation in advance. If you test negative for both you are able to finish your quarantine period after 10 days. If you test positive, you should continue to quarantine and take your classes online. If you have booked accommodation with us we will provide you with the address - if you are arranging your own accommodation, make sure to organise it in advance.

## "Test to Release"

If you wish to leave the quarantine period before 10 days, you can opt to do a "Test to Release" Covid Test on day 5 of your quarantine period. You cannot do this if your country is on the "Red List". You can book and pay for your "test to release" here. You will still need to complete the "Travel Test Package" and take your tests on Day 2 & Day 8.

## Travelling to your accomodation.

We advise booking a private transfer and avoiding public transport during this time. You can organise a private taxi through us! Just email info@lsi-portsmouth.co.uk

## Practise social distancing at all times.

During transit, when arriving at your accommodation and arriving at LSI/IH Portsmouth you will need to maintain a 2 metre distance from others at all times. Please be respectful of others and keep space between you.

## Bring plenty of face coverings with you.

You will need to wear a face covering in bars, restaurants, shops and the communal areas of LSI/IH Portsmouth unless you have a medical reason not to do so. Please bring plenty with you so you are prepared.

# LSI PORTSMOUTH

**ih International House** Portsmouth

# Checklist

*Before you leave home ask and answer these important questions!*

- ☐ Have I organised my "Fit to Fly" Covid test 72 hours prior to departure?

- ☐ Is my passport valid?

- ☐ Have I got the visas I need?

- ☐ Have I arranged somewhere to stay and have the address?

- ☐ Have I sent my "Travel Test Package" to my accommodation in Portsmouth and filled in my Passenger Locator Form?

- ☐ Do I have enough money for my time in the UK?

- ☐ Have I organised transport to my accommodation and informed LSI/IH Portsmouth of my arrival?

- ☐ Do I have the phone number of my embassy in the UK?

- ☐ Have I sent a photo of myself for my student card? (email info@lsi-portsmouth.co.uk)

- ☐ Have I packed a plug adapter for my electronics?

- ☐ Have I packed suitable clothes?

- ☐ Have I packed enough face coverings?

- ☐ Have I bought travel insurance?

- ☐ Do I have the LSI Portsmouth emergency phone number? +44 (0)7803 392476

# First Day at LSI/IH Portsmouth

## If you need to quarantine

Please <u>check</u> and see if you country is required to quarantine when arriving in the UK.

If you need to quarantine, you can take your classes online until your quarantine period has ended.

Your teacher will send a link to your email with a Zoom code, you will be able to use this to access the classes.

You will need to download and set up a Zoom account in advance of your class. You can do this for free by visiting www.zoom.us

Class timetables and information will be emailed to you in a welcome pack. You will also receive information about the online social programme.

If you have connection issues, please email info@lsi-portsmouth.co.uk who will try to reconnect you with your class.

## If you do <u>not</u> need to quarantine

Please <u>check</u> and see if you country is required to quarantine when arriving in the UK.

If you do not need to quarantine, you can arrive at the LSI/IH Portsmouth building from 8:30am. Please arrive between 8:30am and 9:00am for registration.

You will have an induction and tour of the school in the morning.

You will join your classes after the tour and induction have been completed. Please be sure to bring a pen and pencil and face covering with you, you will need this in all communal areas but may remove it in the classroom if you wish.

Class timetables and information will be given to you in a folder. You will also be given information about the social programme.

If you have problems, you can speak with a member of the Student Services team.

# Covid-Safe Leisure Time

We know it is important to have fun as well as learn English while at LSI/IH Portsmouth. We chose to re-open on 17th May so you can get the best experience out of your time here in Portsmouth, as restrictions would have eased a lot allowing for a more immersive experience of UK life!
Our Student Services team are dedicated to making your time spent in Portsmouth as enjoyable as possible! We offer a full and varied social programme, with a mixture of online and face to face activities, to ensure that you have a great time, and stay safe, too!

If you are studying online, you will be emailed information of how to sign up to our online social programme. If you are coming in for face to face classes, full details of our social programme can be found in the Student Lounges.

All of our activities will require social distancing to keep you safe!