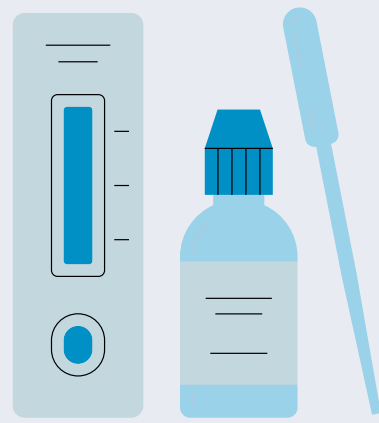




# Pre-Arrival Information

## Check if you need to book a COVID test.

If you are not fully vaccinated, you will need to take a COVID test at least 2 days before you fly and book and pay for a COVID test to take on arrival in the UK.  
If you are fully vaccinated\* you will not need to take a test.



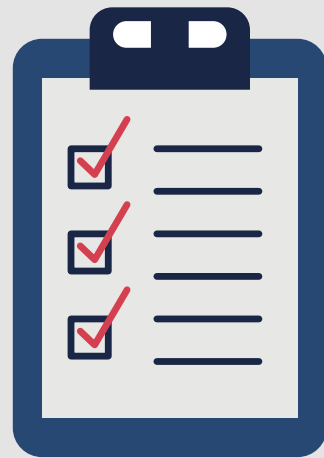
## Check if you need to quarantine.

If you are not fully vaccinated you do not need to quarantine unless your arrival COVID test comes back positive.  
If you are fully vaccinated\* there is no quarantine period required.



## Fill in your "Passenger Locator Form".

Before you fly, you will need to complete a passenger locator form, indicating details such as your accommodation and how long you will stay. You may also need to include the booking reference of your pre-booked COVID test. Make sure to complete this before you fly !



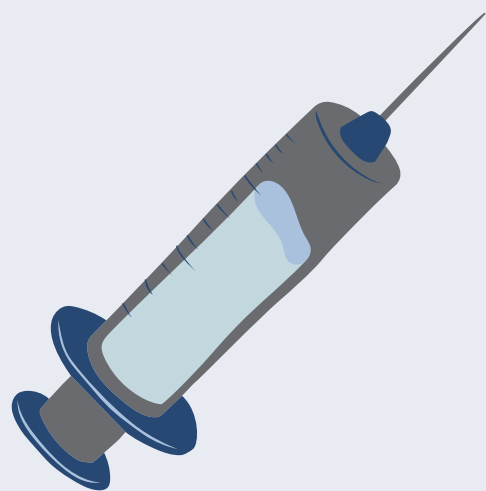
## Check the latest rules.

The rules are very often updated depending on COVID infection rates - the best way to stay up to date is by checking the UK Government website here before you leave in case there are any new updates!



## Have proof of vaccination status.

You will need to provide your vaccination status\* before you fly so the airline knows if you should have taken a pre-departure test or not. Make sure to have this available!



## Travelling to your accommodation.

The most convenient and safest way to travel to your accommodation is by booking a private transfer through us. Just email [info@lsi-portsmouth.co.uk](mailto:info@lsi-portsmouth.co.uk) to arrange this!



## Practise social distancing at all times.

During transit, when arriving at your accommodation and arriving at LSI/IH Portsmouth we ask that you try to maintain a 2 metre distance from others where possible. Please be respectful of others and keep space between you.



## Bring plenty of face coverings with you.

Whilst it is not mandatory, we do recommend students and staff to wear face coverings in communal areas of the building. We respect everyone's choice and ask you to do the same!



\*please check the list of UK Government recognised vaccines.



# Checklist

*Before you leave home ask and answer these important questions!*

- Have I got my proof of vaccination ready for my flight?
- Is my passport valid?
- Have I got the visas I need?
- Have I arranged somewhere to stay and have the address?
- Have I sent my COVID test to my accommodation in Portsmouth (if needed) and filled in my Passenger Locator Form?
- Do I have enough money for my time in the UK?
- Have I organised transport to my accommodation and informed LSI/IH Portsmouth of my arrival?
- Do I have the phone number of my embassy in the UK?
- Have I sent a photo of myself for my student card? (email [info@lsi-portsmouth.co.uk](mailto:info@lsi-portsmouth.co.uk))
- Have I packed a plug adapter for my electronics?
- Have I packed suitable clothes?
- Have I packed enough face coverings?
- Have I bought travel insurance?
- Do I have the LSI Portsmouth emergency phone number? +44 (0)7803 392476





**LSI PORTSMOUTH**  
**International House**  
Portsmouth

# First Day at LSI/IH Portsmouth

## If you need to quarantine

You will only be required to quarantine if you receive a positive COVID test result.

If you need to quarantine, you can take your classes online until your quarantine period has ended.

Your teacher will send a link to your email with a Zoom code, you will be able to use this to access the classes.

You will need to download and set up a Zoom account in advance of your class. You can do this for free by visiting [www.zoom.us](http://www.zoom.us)

Class timetables and information will be emailed to you in a welcome pack. You will also receive information about the online social programme.

If you have connection issues, please email [info@lsi-portsmouth.co.uk](mailto:info@lsi-portsmouth.co.uk) who will try to reconnect you with your class.

## If you do **not** need to quarantine

Most students will not be required to quarantine, unless they receive a positive COVID test result.

If you do not need to quarantine, you can arrive at the LSI/IH Portsmouth building from 8:30am on your first day. Please arrive between 8:30am and 9:00am for registration.

You will have an induction and tour of the school in the morning.

You will join your classes after the tour and induction have been completed. Please be sure to bring a pen and pencil and face covering with you, as we recommend that you wear this in all communal areas.

Class timetables and information will be given to you in a folder. You will also be given information about the social programme.

If you have problems, you can speak with a member of the Student Services team.

